# Vendor Contacts, Websites & Network Access Directions

**Cigna Medical & Dental**                    (800) 244-6224

1. Go to **www.cigna.com**
2. Click on FIND A DOCTOR. Then select the orange box that reads, "For plans offered through work or school".
3. Choose the provider type you are looking for: doctor, dentist, or hospital/pharmacy/facility
4. Enter the geographic location you wish to search
5. Select one of the plans offered by your employer during Open Enrollment
6. Enter a provider name, specialty, or other search term. Click **Search** to see your results.

If searching for medical providers:

a. For CDHP or OAP/OAP-IN plans, choose "Open Access Plus, OA Plus, Choice Fund OA Plus"

If searching for dental providers:

a. Select dentist instead of provider. Choose *Cigna Dental PPO or EPO*
b. For Network, choose either Cigna DPPO Advantage or Cigna DPPO

**Cigna Behavioral Health**                    (866) 395-7794
(Behavioral Health and EAP)

1. Go to **www.cignabehavioral.com**
2. Click on FIND A THERAPIST OR PSYCHIATRIST
3. Log in (on left) to review your EAP benefits. "Episcopal" is the Employer ID
4. Fill in the fields for seeking a provider under *either* Behavioral Health or EAP
5. Click SEARCH

**Anthem Blue Cross and Blue Shield**        (844) 812-9207

1. Go to **www.anthem.com**
2. Under **Menu**, Click on **Find a Doctor**
3. Login with your username or search as a guest.
4. Enter your search criteria
5. Under **Select a plan/network**, select National PPO (BlueCard PPO)
6. Click **Search and Continue**
7. Choose the type of provider you are looking for and click **Search**

**Kaiser Permanente**

Colorado                        (877) 883-6698
Georgia:                        (866) 800-1486
Mid-Atlantic States:            (877) 740-4117

## Kaiser Permanente (continued)

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| Northwest: | (866) 800-3402 |
| Northern California: | (800) 663-1771 |
| Southern California: | (800) 533-1833 |

1. Go to **www.kp.org**
2. If searching as a guest, click on **Doctors and Locations**. Select your region and click SEARCH
3. Select the criteria for your search

## EyeMed Vision Care            (866) 723-0513

1. Go to **www.eyemedvisioncare.com**
2. Click on *Find a Provider.* Enter your zip code. Under Choose Network*, select Insight,* and click GET RESULTS

## Express Scripts (Pharmacy Benefit)      (800) 841-3361

1. Go to **www.express-scripts.com** and follow the steps to register. Then log on to price medications, view Express Scripts' formulary list (preferred drugs), locate a participating pharmacy, etc.
2. Express Scripts has special representatives to assist you with any Open Enrollment questions. Call (800) 841-3361 and select option #1

## Health Advocate                (866) 695-8622

1. Go to **www.healthadvocate.com**
2. Click on Member Login
3. Enter "Episcopal" in the log-in box and click SUBMIT to view your benefits

## Amplifon Hearing Health Care       (866) 349-9055

www.amplifonusa.com

Click on "Find a Provider"
Enter zip code and hit enter

## UnitedHealthcare Global Assistance     (800) 527-0218 (from US, Canada, Puerto Rico,
Virgin Islands, Bermuda

https://members.uhcglobal.com

## Medical Trust Client Services Call Center

Active and Retired Members            (800) 480-9967 (8:30AM – 8:00PM ET)